

High Desert URC – Heidelberg Catechism Supplement
March 2025

* Read each Heidelberg question and answer before discussing them according to the prompts below.

I. [Question and Answer 115](#)

Put the answer into your own words.

You answer should be along the lines that your inability to keep the commandments that God requires you to keep is to keep you humble and reliant upon Christ and his Spirit to sanctify you.

II. [Question and Answer 116](#)

Prayer is necessary for us for two reasons: first, it is required out of gratitude and second, we will receive God's grace and Holy Spirit only if we ask. When do we receive God's grace and Holy Spirit?

God answers our prayer for his grace and Holy Spirit when we attend to the means of God's grace on Sundays hearing the preaching of the Word and partake of the Sacraments.

III. [Question and Answer 117](#)

A. *According to this answer, how do we know what to ask of God in prayer?*

These things are revealed in his Word; the things he has commanded us to ask of him.

B. *The answer states that God will always hear our prayer, which implies that he will answer our prayers. How do we think of this when our answers seem not to be answered?*

God answers every prayer. But sometimes God's answer is different from what we desire. For instance, we may pray that God heal our sickness but nothing changes. If that is the case, then we can be assured that it is God's will that we remain sick not for punishment for our good (hidden from us) and God's glory. But we should also remember that in this case, God will heal us in heaven one day.

IV. [Question and Answer 118](#)

What can we learn from this question and answer?

That God cares for us in this life, body and soul. Yes, we are to prioritize our souls but our bodies and the temporal things of this life matter; we are to glorify God in all that we do.