Heidelberg Catechism, Lord's Day 22, "Resurrection and Life"

Scripture Lesson: 1 Corinthians 15:35-58

Lesson Aim	To understand what it means for our bodies to be raised to life on the Final Day.
Steps to Learning	Read the <u>Heidelberg Catechism Lord's Day 22</u> and <u>1 Corinthians 15:35-58</u> . Discuss the sermon and the particulars of the lesson below. It may be best to work through the material over several days or sessions.
Discuss	Discuss as a family: What gets more of our attention, our bodies or our souls? Why?
	How do we know that we were originally created to live forever? In Genesis chapter 2, vv.16-17, the LORD God warned Adam that in the day he ate of the tree of the knowledge of good and evil, he would surely die. This language reflects the covenant of works Adam and Eve were in. In this covenant, if Adam and Eve obeyed God, they would live forever being perfected in their original righteousness but if they disobeyed, they would die forever. When Adam and Eve ate of the fruit they died spiritually in the same. They would eventually die physically but because they believed the Gospel that God preached to them in Genesis 3:15, they were saved and would live forever in heaven.
	Which two men does Paul compare in 1 Corinthians 15? Adam and Jesus Christ. Jesus is the second Adam. Those who have faith in Jesus Christ are saved body and soul.
	What will happen to us when we die? Our souls will go to be with God in heaven but our bodies will be buried in the ground. On the Final Day, our bodies will be raised to be reunited with our souls. It must be this way because Paul says in 1 Corinthians 15:50 that flesh and blood cannot inherit the kingdom of God. Our bodies are like seeds that die in the ground but then comes us as something different; as seeds die in the ground and come up as plants so do our bodies die in the ground and are raised glorious and enter heaven.
	What hope do we have in the face of death? We have the Holy Spirit who indwells us and grants us strength and are bodies will be raised on the Final Day. After our death in this life, we will not float around as ghosts and our souls will not sleep; rather we will be with the Lord.
	Sometimes when we think about death, we fear that we might end up in hell. What shall we do when we fear in this way? We must go to the Word of God, which teaches that we are saved by grace through faith that God gives us (Ephesians 2:8-9) and nothing can snatch us from the hand of Christ (Romans 8:31-39).
Bible Reading	Psalms 82-89 (Reading through the Psalms)